Beating the Devil Out of Them
CORPORAL PUNISHMENT IN AMERICAN FAMILIES
AND ITS EFFECTS ON CHILDREN

Murray A. Straus
With a new introduction and Concluding Chapter

Based on his studies of over 9,000 families, Murray A Straus, the foremost researcher on family violence in the world, discusses the extent to which parents in the United States use corporal punishment (such as spanking and slapping) and its effects on their children. The question of whether corporal punishment is an effective method of discipline is hotly debated. Straus contends that this believed-to-be-"minor" form of physical violence is precursor to much violence that plagues our world.

Children who are spanked quickly learn that love and violence can go hand in hand. Since spanking is generally done by loving, caring parents—for the child's own good—a child can learn that hitting is "morally right." Straus describes what he has learned through two decades of research: children who are spanked are from two to six times more likely to be physically aggressive, to become juvenile delinquents, and later, as adults, to use physical violence against their spouses, to have sadomasochistic tendencies, and to suffer from depression. Straus alerts parents to these risks, and argues that spanking adversely affects not only the children who are subjected to it but society as a whole.

This groundbreaking book, now available in paperback with a substantive new introduction and new concluding chapter, is essential reading for parents as well as teachers, lawyers, and judges. Professionals in fields such as social work, child protection, delinquency and criminology, psychology, and politics will find it of critical importance.

"A comprehensive exposé of the corporal punishment controversy by an eminent scholar. Straus provides the long needed scientific evidence linking corporal punishment to subsequent violence and other adult problems. This book gives major new importance and credibility to the uphill effort to end corporal punishment of children."
—Adrienne Ahlgren Haeuser, University of Wisconsin–Milwaukee

"Murray Straus has exposed the best kept secret of American child psychology": hitting kids is the dark force in family life. Just as smoking was accepted a generation ago, corporal punishment is still okay in polite society. However, like smoking, hitting emerges as a destructive anti-social act with serious costs to public health."
—James Garbarino, Cornell University

Murray A. Straus is founder and co-director of the Family Research Lab at the University of New Hampshire. He is the co-author of Physical Violence in American Families: Risk Factors and Adaptations to Violence in 8,145 Families, also available from Transaction.

Childcare • Sociology
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