CORPORAL PUNISHMENT BY PARENTS:
A PREVALENT AND CHRONIC TRAUMA
IN THE LIVES OF CHILDREN

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Other publications on this and related issues can be downloaded from http://www.pubpages.unh.edu/~mas2
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QUESTION 3. IS CORPORAL PUNISHMENT (CP) A TRAUMATIC
EXPERIENCE FOR CHILDREN

Insert children’s testimony
If it is traumatic, it children who experience more CP should have more Post Traumatic Stress Symptoms (PTSS)

POST TRAUMATIC STRESS SYMPTOMS SCALE
Of the Personal and Relationships Profile*

Avoidance/Arousal
• I’ve been terrified by things that have happened to me
• I avoid doing anything that reminds me of terrible things that happened to me
• I am constantly looking for signs of danger
• I am easily startled

Re-experiencing
• Terrible things have happened to me that I remember over and over
• I have bad dreams about terrible things that happened to me
• I try not to think about terrible things that happened to me
• Terrible things happened to me that made me feel helpless and horrified

Alpha: Males = .69, Females = .72, Total = .71

* For Information on this instrument see http://pubpages.unh.edu/~mas2

THE MORE CORPORAL PUNISHMENT THE GREATER PROBABILITY
OF POST TRAUMATIC STRESS SYMPTOMS

REGARDLESS OF WHETHER THERE IS POSITIVE PARENTING, THE MORE CORPORAL
PUNISHMENT THE GREATER PROBABILITY OF POST TRAUMATIC STRESS SYMPTOMS

EFFECT SIGNIFICANT BUT NOT LARGE
To be expected given:
Just one of many risk and protective factors
Many factors controlled
Ending CP is a low cost and widely applicable prevention step